

## THE OM-GUARANTEE

Our OMG experience will help you become more effective at work, push back against your sense of overwhelm, and create a more satisfying approach to life responsibilities and goals, such as caregiving and finding time to recharge.

The key to success is active participation!

We are so confident in the content and process of our OMG program that we will offer any participant a 100% money-back guarantee if they don't see improvement in their work-life integration scores (measured through a pre-series and post-series survey).

Here's what you need to do to be eligible for the guarantee:

**WORK-LIFE INTEGRATION PRE-SURVEY** | Follow our instructions to take an online survey before the third OMG session. This survey, designed by an academic researcher, provides a baseline measurement of your current Work-Life Integration efforts. It will take 10-15 minutes to complete. Once completed, we will provide you with your confidential work-life profile.

**ATTEND ALL TWELVE SESSIONS** | We realize work and life are unpredictable. If necessary, you can miss up to two calls, so long as you let your facilitator know in advance.

**PARTICIPATE IN ALL TWO-PERSON CALLS** | These are brief 30-minute calls where you explore the group content with an assigned ThirdPath mentor or another OMG group member. Two-Person Calls happen between group meetings and you will receive instructions and reminders from your facilitator.

**WORK-LIFE INTEGRATION POST-SURVEY** | Take the online survey again to measure your work redesign successes. *The survey must be completed within two weeks of the end of the series*. You will receive your confidential results via email.

Our OMG program cannot eliminate every moment in time when work and life feel out of balance, but with new tools and insights, you will be more skilled at addressing any challenges as they arise.

Make the most of our OMG experience. Together we can learn, experiment, and ultimately master a set of skills based on the science of Work-Life Integration.

Let's see what we can accomplish together. We can't wait to support your journey.

